# Sh. L.N. Hindu College, Rohtak

Affiliated to M.D.University, Rohtak A Post Graduate Co-Educational College, Bhiwani Road, Rohtak Accredited by NAAC with 'B' (2.74) Grade

# Certificate Course in Life Skills with Specialization in Gender Equality

**Beneficiaries:** All Students

**Duration:** 40 Hours

#### **Objective of the Course:**

By realizing the preconditions of Women in the society, the main objectives of the course are:

- To understand the basic of Gender Equality
- To aware about the Role of Education in Gender Equality
- To aware about the Gender Equality in Politics and Rural Areas
- To aware about National Policies and Act regarding Gender Equality
- To eradicate discrimination based on Gender by adopting a same approach towards Gender equality.

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#### **Significance of the Course:**

The Gender Equality as a course need to be discussed among participants for making an unbiased decision towards Gender equality in all areas of life and for developing a gender bias free perspective.

### **Learning Outcomes of the Course:**

- This course will be helpful in knowing about Gender Equality among participants.
- This course will also be helpful to develop a unilateral approach towards Gender equality.
- This course will also be helpful in bringing a positive social change in the society.
- This course will also be helpful for making an unbiased decision towards Gender equality in all areas of life including study and profession.
- This course will enable the participants to address about the Gender Equality in front of Policy makers in the society.

## **Syllabus**

Theory Marks: 60
Practical Marks: 40
Total: 100 Marks

Time: 3 Hrs

**Note:** The Examiner will be required to set Nine Questions in all. Question No. 01 is compulsory containing Ten (10) short questions carry equal marks (2 Marks each), covering the entire syllabus. In Addition, Examiner will set two questions from each Section/Unit from the given 4 units of the syllabus. The candidate will be required to attempt five questions in all. Question No. 01 will be compulsory, selecting at one question from each section.

#### **Course Content:**

**UNIT 1: Gender Equality:** Introduction, Historical background, reasons and effects, Theories of Gender Inequality, Need & Importance of Gender Equality, Challenges & Suggestions of Gender Equality, and Helpful Agencies for Gender Equality

**UNIT 2: Gender Equality and Education:** Introduction, Gender and Education, National Education Policies, RTE Act 2009

**UNIT 3: Gender Policies regarding Gender Equality:** Gender Equality in India, National Policies on Gender Equality, Rashtriya Yuva Neeti, 2014, Gender Budgeting for Empowerment, Beti Bachao Beti Padhao,

**UNIT 4: Strategies for Gender Equality:** Gender Justice, Women Empowerment, Constitutional Laws, Law against Violence: Dowry Prohibition Act-1961, National Women Commission, Domestic violence act-2005,

#### **Practical about Skill Development and Presentation:**

- Awareness song, Poems and Speech
- Survey, Field Visits, NGO Visit
- Seminar, Conference, Workshop, Extension Lecture
- Group Discussion, Debate & Brain Storming Session
- Film/Documentary
- Presentation skills for Personality Development
- Asiignments

#### **Suggested Readings:**

- ➤ Meenakshi Meena, Gender Equality and Women Empowerment, Pointer Publishers, Jaipur, 1st Edition, 2017
- ➤ Inder Dev Singh & Rajni Gaur, Gender, School and Society, Twenty First Century, Jan, 2016
- Manjeet Rathee, Mahila Aur Hinsa, Bharat Gyan Vigyan Smiti, 1st Edition, 1998
- > Chetan Singh Mehta, Mahila avam Kanoon, Aashish Publication House, 1996
- > Jagmati, Panchayati Raj V Mahilaaye, Bharat Gyan Vigyan Smiti, 2nd Edition, 2002
- ➤ Kalpana Roy, Women in Indian Politics, Rajat Publications, 1999
- ➤ Shubha, Mahilla Vimarsh: Kuch Samsaamyik muddey, Sarch Rajya Sansthan Kendre, Haryana, 1st Edition, Dec. 2001
- > Shubha, Mahillao Ki Chavi Aur Vastvikta, Sarch Rajya Sansthan Kendre, Haryana
- ➤ H.O. Aggarwal, Manav Adhikar, Central Law Publication, 6th Edition, 2016
- Mamta Mehtotra, Gender Inequality in India, Prabhat Prakashan, Jan, 2013
- ➤ Reetu Sharma, Women Empowerment in India, New Era, Chandigarh, 2018
- ➤ Parul Sharma & Hari Shankar, Gender issues and Human rights education, R. Lall Publication, 2016
- S.C. Oberoi, Gender, School and Society, Luxmi Book Depot(Hindi), Jan, 2018
- ➤ Ravindra nath & Bharat Aggarwal, Indian Society: Issues & problems, SBPD Publication, Jan, 2014
- ➤ Rekha pande & Sita Vanka, Gender Violence, Rawat publications
- Mohini Chatterjee, Feminism and Gender Equality
- ➤ Gender Equality and Sensitization, Magazine, Jaipur, Rajasthan
- ➤ Gopi Joshi, Women Inequality in India
- Madhu Rathore, Panchyati Raj and Women Development

Note: Latest and additional good books may be suggested and added from time to time.