Sh. L.N. Hindu College, Rohtak

Affiliated to M.D.University, Rohtak A Post Graduate Co-Educational College, Bhiwani Road, Rohtak Accredited by NAAC with 'B' (2.74) Grade

Certificate Course in Life Skills with Specialization in Women Empowerment

Beneficiaries: All Students Course Duration: 40 Hours

Objective of the Course:

- To aware about Women Empowerment
- To aware about strategies, rules & regulations encoded by Government of India for Women Empowerment.
- To aware about the Constitutional Law and Protection for Women Empowerment.
- To know about the role of Women in society.
- To understand the Women Issues and Challenges.

Benefit of the Course:

This course aims to equip individual from all age groups and in all walks of life with the skills needed for personal growth as well as for a positive contribution to the society. The outcomes of this course would lead to capacity building in life skills for development of self, as well as to train others in life skills.

Learning Outcomes of the Course:

- At the end of the course students will be able to learn the basic concept of Women Empowerment theories of Feminist and status of Women in society.
- Students will be able to understand the Constitutional and other Legal provisions and Acts.
- They will be able to understand the Women Entrepreneurship.
- They will be aware about the Women Education, Health and dynamics of Women work participation.

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Syllabus

Theory Marks: 60 Internal Marks: 40 Total Marks: 100

Note: The Examiner will be required to set Nine Questions in all. Question No. 01 is compulsory containing Ten (10) short questions carry equal marks (2 Marks each), covering the entire syllabus. In Addition, Examiner will set two questions from each Section/Unit from the given 4 units of the syllabus. The candidate will be required to attempt five questions in all. Question No. 01 will be compulsory, selecting at one question from each section.

Course Content:

UNIT 1: Perspective of Women Empowerment: Introduction, Nature, Objectives, Issues and Challenges, Reality of Women in the era of Globalisation, Changing role and status of Women in Historical Perspective-Ancient, Medieval, British and Post independence era.

UNIT 2: Women Empowerment and Education: Introduction, Need and importance of Women education, National Education Policies, Importance of Women Education Scheme for Women Equality.

UNIT 3: National Policy, Schemes for Women Empowerment: Introduction, Women Entrepreneurship, Concept, Importance and Traits, Women and Child Development Welfare Programmes, Social Welfare Programmes, Training Programmes for Women, Women Empowerment, Panchayati Raj Institutions (PRI's).

UNIT 4: Constitutional and Legal Right of Women: Introduction, Constitutional Law, Legal Right, Maternity Benefit Act-1961, National Policy for Women Empowerment-2001, Domestic Violence Act-2005.

Skill Development and Presentation for Internal Assessment (I.A. = 40 Marks):

- Assignment
- Survey
- Group Discussion
- Seminar, Conference, Workshop

Suggested Readings:

- > Ranajit Kumar samanta, Empowering Women: Key to Third World Development, M.D. Publication Pvt. Ltd., 1993
- > Hajir Kumar & Jaiman Vaghere, Women's Empowerment Issues, Challenges and Strategies: A Source Book New Delhi, Regency Publication, 2005

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- Sarojini Nayak, Jeevan Nair, Women's Empowerment in India, Pointer Publishers, 2011
 National Policy of India, New Delhi National Policy for the Empowerment of Women, Government of India, New Delhi, 2001
- Ram, Ahuja. Indian Social System. Rawat Publication, 2005. Ram, Ahuja.Social Problems in India. Rawat Publication, 2007.

Note: Latest and additional good books may be suggested and added from time to time.

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SH. LAL NATH HINDU COLLEGE, ROHTAK

Award List (including Internal Assessment & Final Theory Examination) with Grades of Successful Students regarding Certificate Course in Life Skills in Specialization with Women Empowerment

SESSION: 2019-20

Course Coordinators: Mrs. Bandna Ranga & Dr. Neelam

Sr. No.	Name	Class	Roll No.	Internal Assessment Max.Marks:40	Theory Exam Max. Marks:60	Total Marks:100	Grade	
1.	Ravina	B.Com.1st Year	671	35	58	93 A		
2.	Varsha	M.Sc.1st Year	5722	33	56	89 A		
3.	Preeti	B.Com.1st Year	637	35	53	88 A		
4.	Mohini	B.Com.1st Year	673	35	53	88	A	
5	Simran	B.Com.1st Year	654	33	53	86	A	
6.	Kajal	B.A.1st Year	489	35	49	84	A	
7.	Gunjan	B.Com.1st Year	677	31	53	84	A	
8.	Kashish	B.Com.1st Year	607	30	49	79	 B	
9.	Sushma	B.Com.1st Year	641	35	43	78	В	
10.	Anisha	B.Com.1st Year	705	32	45	77	B	
11.	Sunita	B.A.2nd Year	1112	30	46	76	B	
12.	Manisha	B.A.1st Year	254	30	44	74	в	
12.	Manisha	B.A.1st Year	254	30	44		8	

Mrs. Bandna Ranga (Course Coordinator)

Rehicihas Coordinator, IQAC Sh. L.N. Hindu College, Rohtak

Neelam (Course Coordinator)

