



Sh. L. N. Hindu College, Rohtak

Annual Report on Women Cell

Session 2024-25



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In a co-educational institution, Women Cell occupies an important place, especially for sensitizing students regarding women-related issues. We, at Sh. L.N. Hindu College strive hard to build up a society with social and economic gender equality as envisaged in the Constitution of India.

VISION

The college visualizes a future where women's empowerment is no more a goal but a reality. Assurance of justice and equity in society to women by extending academic, financial, emotional and moral support is the focal point of the vision of the institution.

MISSION

To train women to acquire wide range of skills and knowledge and to develop and increase their social, economic and intellectual capacities for peace, security and prosperity of mankind.

OBJECTIVES

The Objectives of the Women Cell are stated in the tasks of the Mission. The Women Cell seeks to inculcate through its programs:

- Belief in self as a woman by empowering them.
- To provide for academic excellence.
- To inculcate the value of discipline in the students.
- To provide an excellent infrastructure.
- To ensure that girls have the social and technical skills needed for living and working in the modern world and are flexible in their approach to careers.
- Holistic development through promotion of participation in curricular and cocurricular activities beyond their curriculum.
- To sensitize values of citizenship through civic sense, public conduct, leadership, rights and responsibilities.
 - To stimulate respect and sensitivity for the others through exposure to cultural diversity, languages and human rights.
- Identification of strong leadership, change-makers among women and girls and building their capacity.

Sr.No.	Date	Activity	No. of Participation	Page No.
1	07-08-24	Teej Celebration	32	3-5
2	30-08-24	Extension Lecture	70	5-7
3	04-09-24	Workshop on Personality Development & Grooming	107	7-9
4	26-12-24 to 01-01-25	Drive Cloth Donation	55	9-12
5.	18.02.2025	Extension Lecture	76	12-14
6.	08-03-25	Celebrating International Women's Day	93	15-17

Activities of the Women Cell during the session 2023-24

1. Teej Celebration

The Women Cell of the college organized a vibrant Teej Celebration August on 7,2024 in the college campus. The event aimed at promoting cultural values, women's participation, and creative expression among students. A large number of girl students enthusiastically took part in various activities.

The Women Cell coordinator stated that to mark the occasion, the Women Cell conducted several competitions, including a Mehndi Competition, a Solo/Group Dance Competition, and Singing Competition. Students showcased beautiful traditional designs in the mehndi event, while the dance and singing performances added joy and energy to the celebration. Principal Dr.Anil Kumar Taneja inaugurated the event by lighting a lamp, who appreciated the efforts of the Women Cell for encouraging cultural awareness and talent development. Faculty members and students enjoyed the performances and encouraged all participants. Winners were awarded certificates . The event concluded with a vote of thanks by Co-Coordinator Dr.Chitra Sharma.Dr. Anju Deshwal, Dr. Chitra Sharma, Dr. Shikha Phogat, Dr. Sunny Kapoor, and Dr. Richa served as judges.Overall, the celebration reflected cultural richness, enthusiasm, and active participation of students



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Women Cell organizes Teej Celebration



Date: 7th August 2024

Venue: Room-D003

Time: 11:00am



Dress Code: Traditional Attire

Special Attractions: Mehndi, Dance Performances, and Cultural Programs



लाल नाथ हिंदू कालेज में मनाया हरियाली तीज महोत्सव



रोहतक। चेतना संवाददाता।

स्थानीय लालनाथ हिंदू कॉलेज के महिला प्रकोष्ठ द्वारा प्राचार्य डॉ अनिल कुमार तनेजा की अध्यक्षता में हरियाली तीज महोत्सव धूमधाम से मनाया गया। प्राचार्य डॉ अनिल कुमार तनेजा ने दीप प्रज्वलित कर कार्यक्रम का शुभारंभ किया। उन्होंने कहा कि हमारी संस्कृति को बनाए रखने के लिए तथा विद्यार्थियों को संस्कृति से अवगत कराने के लिए निरंतर ऐसे आयोजन किए जाते हैं। महिला प्रकोष्ठ संयोजिका डॉ प्रमिला यादव ने बताया कि इस दौरान मेहंदी, संगीत एवं नृत्य प्रतियोगिताओं का आयोजन किया गया, जिसमें विभिन्न संकायों से छात्राओं ने बढ़चढ़कर भाग लिया। कार्यक्रम सह-संचालिका डॉ चित्रा शर्मा ने बताया कि मेहंदी प्रतियोगिता में अंतिमा प्रथम, कशिश दूसरे तथा बबीता तीसरे स्थान पर रही। गायन प्रतियोगिता में आर्यन प्रथम, फलक दूसरे व ऐश्वर्या तीसरे तथा नृत्य प्रतियोगिता में कशिश प्रथम, लतिका दूसरे व हर्षिता तीसरे स्थान पर रही। मंच संचालन डॉ दीप्ति शर्मा ने किया। निर्णायक मंडल की भूमिका डॉ अंजू देशवाल, डॉ चित्रा शर्मा, डॉ सनी कपूर, डॉ रिचा व डॉ शिखा फोगाट ने निभाई।

2. Extension Lecture

The Women's Cell of the college organized an extension lecture on "Swami Vivekananda: A Source of Inspiration for Youth" for college students on August 30, 2024. The chief speaker was Mr. Dharmendra (Co-Organizer, Swami Vivekananda Centre, Kanyakumari, Haryana State). The lecture aimed to inspire youth with Swami Vivekananda's enduring teachings, moral values, and motivational thoughts. Dr. Promila Yadav highlighted the highlights of Swami Vivekananda's life, his contributions to Indian philosophy, his message of self-confidence, women's empowerment, service to humanity, and youth leadership. She emphasized the importance of his ideals in today's times and encouraged students to adopt discipline, dedication, and positive thinking in their daily lives. The session was highly interactive, with students actively participating and sharing their thoughts. The lecture received positive feedback from both faculty members and students for its inspiring content. The event concluded with the vote of thanks by Principal Dr. Anil Kumar Taneja.

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Women cell
Organizes
Extension Lecture
On
Swami Vivekananda
August 30, 2024
12:00 noon in Madhav Sabhagar
Resource person
Mr. Dharmender
Haryana Prant Sahsangathak
Vivekananda Kendra Kanyakumari, Branch-Rohtak

Dr. Promila Yadav
Coodinator

Dr. Chitra Sharma
Co- Coodinator

Dr. Anil Kumar Taneja
Principal



हमें अपने लक्ष्य पर **ध्यान केंद्रित** कर कार्य योजना बनानी चाहिए : डा. तनेजा

रोहतक, 30 अगस्त (धामु): श्री लालनाथ हिंदू कॉलेज में महिला प्रकोष्ठ के तत्वावधान में स्वामी विवेकानंद युवा प्रेरणा स्रोत विषय पर व्याख्यान का आयोजन किया गया, जिसमें मुख्य वक्ता धर्मेन्द्र हरियाणा प्रांत सह संगठन स्वामी विवेकानंद केंद्र, कन्माकुमारी का परिचय कराते हुए डाक्टर प्रोमिला यादव, महिला प्रकोष्ठ संयोजिका ने स्वामी विवेकानंद के जीवन पर प्रकाश डाला।

3. Personality Development & Grooming

On September 4, 2024, the Women's Cell, in collaboration with Dainik Jagran, organized a "Personality Development and Grooming Session" on the college campus. Under the guidance of Women's Cell Coordinator Dr. Promila, the event aimed to enhance students' confidence, communication skills, overall presentation, and positive attitude—qualities essential for academic, professional, and personal growth.

During the session, students were guided on topics such as self-presentation, body language, communication etiquette, dressing sense, goal setting, leadership skills, and self-motivation. Interactive activities and demonstrations were organized to help students understand the importance of grooming and personality development. Students enthusiastically participated in the event, actively participating in the discussions and activities.

In her address, the college principal praised the Women's Cell for organizing such a meaningful program. She encouraged the students to develop a confident personality, maintain discipline, and continuously work on self-improvement. She emphasized that a strong personality and good grooming habits open doors to greater opportunities in life. The program concluded with a vote of thanks by Women's Cell Coordinator Dr. Chitra Sharma. Overall, the session proved to be very beneficial and motivating for the students.



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Women cell

In collaboration with
Dainik Jagran
Organizes
Training Programme
On

Personality Development and Grooming

September 04, 2024
12:00 noon in Madhav Sabhagar

Dr. Promila Yadav
Coordinater

Dr. Chitra Sharma
Co- Coordinater

Dr. Anil Kumar Taneja
Principal



हिंदू कॉलेज में व्यक्तित्व निर्माण पर कार्यशाला



रोहतक। लाल नाथ हिंदू कॉलेज में बुधवार को छात्रों के लिए पर्सनैलिटी डेवलपमेंट एंड ग्रुपिंग विषय पर कार्यशाला आयोजित की गई। महिला प्रकोष्ठ संयोजक डॉ. प्रोमिला ने बताया कि इसके तहत छात्रों को सिखाया गया कि व्यक्तिगत निर्माण में सबसे महत्वपूर्ण आत्मविश्वास होता है। एक प्रभावशाली व्यक्तित्व के लिए व्यक्तिगत आत्मविश्वास अत्यंत आवश्यक है। हमें हमेशा परिस्थितियों के अनुसार अपने वस्त्रों का चुनाव करना चाहिए। एक प्रभावशाली व्यक्तित्व के लिए आपको संचार कौशल में भी निपुण होना चाहिए। मीके पर प्राचार्य डॉ. अनिल कुमार तनेजा, डॉ. सविता, डॉ. सीमा, सोनम, ज्योति, सरयू, डॉ. निधि, तनवी मौजूद रही। संवाद

4. Drive Cloth Donation

The Women Cell, in collaboration with the Department of English and the Department of Economics, organized a one-week Social Welfare Drive titled “No Use to Best Use” from December 26, 2024 at Sh. L. N. Hindu College, Rohtak. The purpose of the drive was to encourage social responsibility, empathy, and community service among students.

Throughout the week, students and faculty members actively donated old but usable items, including winter clothes, sweaters, shawls, blankets, shoes, and other essentials. These contributions were collected to support needy and underprivileged individuals in the community during the winter season.

The drive witnessed enthusiastic participation from all departments.

The College Principal appreciated the students’ efforts and stated that such initiatives help inculcate values of compassion, generosity, and social awareness. She encouraged students to continue participating in welfare activities and contribute positively to society.

The collected items will be distributed to the beneficiaries through the college’s outreach team. Overall, the “No Use to Best Use” drive proved to be meaningful, impactful, and highly beneficial for community well-being.



Sh. L. N. Hindu College, Rohtak (Haryana)

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Ref. No. 2024/Dec/Stu/155

Dated 24.12.2024

Notice

Department of Economics in collaboration with Department of English and women cell is organizing a one week social welfare drive "No use to Best use" from December 26, 2024 onwards. In this drive faculty and students can donate their used and old items like old winter clothes, sweater, shawl, blankets and shoes etc. To those needy and poor people of society who really need them.

Looking forward for your contribution to make this initiative a successful one.


Principal





5. Extension Lecture

The college's Women's Cell and akhil bhaarateey raashtreey shaikshanik mahaasangh organized an extension lecture on "Lokmata Ahilyabai Holkar: Life and Values" for students on the college campus on February 18, 2025. The lecture was delivered by Dr. Sita Ram Vyas (uttaree kshetr kaaryakaarinee sadasy), who provided a profound and inspiring insight into Ahilyabai Holkar's life, leadership qualities, and value-based governance.

In his speech, Dr. Sita Ram Vyas explained that Lokmata Ahilyabai Holkar was not only an exemplary queen but also a visionary, compassionate, and just administrator dedicated to the welfare of her people. He emphasized Ahilyabai's contributions to social harmony, women's empowerment, religious tolerance, education, and infrastructure development. Dr. Promila, also Coordinator of the Women's Cell, mentioned the numerous temples, dharamshalas, wells, and public facilities built during Ahilyabai Holkar's reign, demonstrating her commitment to public service and inclusive development.

The lecture focused on the core values of Ahilyabai Holkar's life, such as duty, honesty, service, humility, ethical leadership, compassion, and social responsibility. Principal Dr. Anil Kumar Taneja

encouraged students to embrace these values in their personal and academic lives, stating that Ahilyabai Holkar's life offers lasting lessons for today's youth.

Students participated enthusiastically and engaged in an interactive discussion at the end of the session. Both faculty members and students praised the lecture for its depth, clarity, and motivational message.

The stage was conducted by Dr. Seema Goswami. The program concluded with a formal vote of thanks by Dr. Chitra Sharma, Co-Coordinator of the Women's Cell. Overall, the extension lecture proved to be a learning, inspiring, and highly beneficial experience for the students.



श्री लाल नाथ हिन्दू महाविद्यालय, रोहतक
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**महिला प्रकोष्ठ
एवं
अखिल भारतीय राष्ट्रीय शैक्षिक महासंघ
के संयुक्त तत्वाधान में आयोजित
विस्तार व्याख्यान**

विषय : लोक माता अहिल्या बाई होलकर
३०० वा जन्म जयंती वर्ष व्याख्यान माला

मुख्यवक्ता : श्री सीताराम व्यास जी
उत्तरक्षेत्र कार्यकारिणी सदस्य अखिल भारतीय राष्ट्रीय शैक्षिक महासंघ



लोक माता अहिल्या बाई होलकर

कार्यक्रम संयोजक :
डा. प्रोमिला यादव (सहायक प्राध्यापक, श्री लाल नाथ हिन्दू कॉलेज, रोहतक) एवं
डा. पुष्प दीप डागर (प्रदेश अध्यक्ष, अखिल भारतीय राष्ट्रीय शैक्षिक महासंघ)

मुख्य अतिथि :
श्री सुदर्शन कुमार धींगडा
प्रधान हिन्दू शिक्षण संस्थान

प्राचार्य :
डा. अनिल कुमार तनेजा



माता अहिल्याबाई होलकर ने कुशल प्रशासक, सशक्त नारी की भूमिका निभाई: सीताराम व्यास



रोहतक। श्री लालनाथ हिंदू महाविद्यालय में महिला प्रकोष्ठ और अखिल भारतीय राष्ट्रीय शैक्षिक महासंघ ने लोक माता अहिल्याबाई होलकर के जीवनवृत्त पर व्याख्यान किया। मुख्य वक्ता अखिल भारतीय राष्ट्रीय शैक्षिक महासंघ के उत्तर क्षेत्र कार्यकारिणी सदस्य सीताराम व्यास और मुख्य अतिथि सुदर्शन कुमार धींगड़ा रहे। उन्होंने अहिल्याबाई की कुशल प्रशासन, महिला सशक्तिकरण और समाज सुधारक के रूप में भूमिका पर चर्चा की। अतिथियों को स्मृति चिह्न भेंट किए गए और पुस्तकें भी दी गईं। इस मौके पर प्राचार्य डॉ. अनिल कुमार तनेजा, अनिला बठला, प्रांत अध्यक्ष डॉ. पुष्पदीप डागर, डॉ. अंजु देशवाल, डॉ. चित्रा शर्मा, डॉ. हरदीप सिंह, डॉ. संदीप, डॉ. रौनक, डॉ. सुमित, डॉ. रीना कल्याण, प्रीति यादव, प्रीति भारद्वाज मौजूद रहे।

6. Celebrating Women's Day

The college's Women's Cell organized a grand celebration of "International Women's Day" on March 8, 2025, on the college campus. Under the guidance of Women's Cell Coordinator Dr. Promila, students participated in several "traditional rural games" to showcase women's participation, strength, and enthusiasm. These included pittu, chupta, gitti, skipping rope, and mouse trap, in which students participated with great interest and enthusiasm.

The competitions created an energetic and joyful atmosphere, reviving traditional games, and promoting physical activity among students. Prizes were distributed to the winners of each event by College Principal Dr. Anil Kumar Taneja, who praised the Women's Cell's efforts to promote cultural and physical activity among young students.

The program concluded with a vote of thanks by Women's Cell Coordinator Dr. Chitra Sharma. Overall, the International Women's Day celebration proved to be fun, interactive, and meaningful, promoting unity, self-confidence, and cultural awareness among college students.



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Women Cell

organizes

International Women's Day

Date: 8th March 2025
Venue: D Block Lawn
Time: 09:00 am to 3:15pm



TRADITIONAL GAMES OF INDIA

Special Attractions:
Traditional Games (Gitti, Pittu, Ruma Jhappta, Mouse Trap)





